

Do Fish Turn into Popsicles in the Winter?

Fish are poikilothermous. (Say that 3 times fast)! That means they are cold-blooded animals that cannot regulate their own body temperature.

There are two kinds of fish living in [The Last Green Valley](#). Some like warmer water, others prefer cold water.

- 1) The fish that like warm water slow their metabolism in the winter and go for a long time without eating. These include bass and sunfish. In fact, some warm water species can actually become super cooled – almost frozen – and still survive.

BASS →



→ like it warm

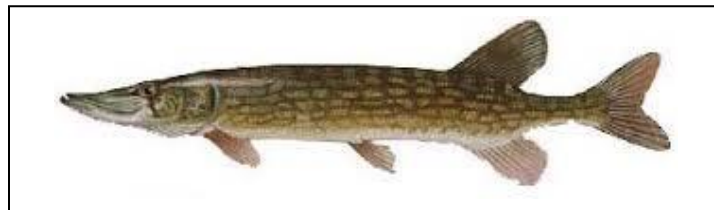
SUNFISH →



→ like it warm

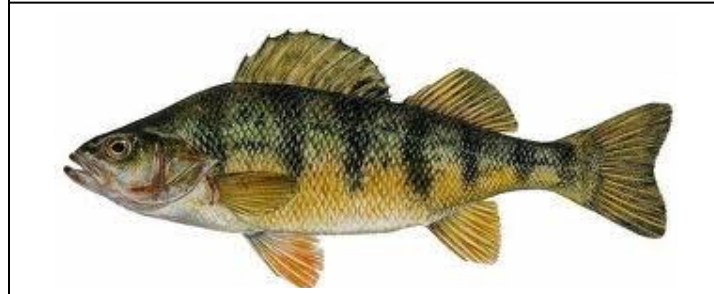
- 2) Cold water species like pickerel, perch and pike will still feed in the winter time. They live in the deeper water where it will not freeze so they can remain active. These are the fish that are caught by ice fisherman in the winter.

PICKEREL →



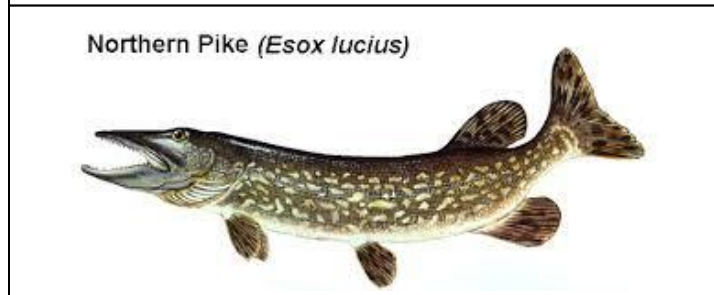
→ like it cold

PERCH →



→ like it cold

PIKE →



→ like it cold